



river valley co-op

wild about local

fresh specials

June 3 —
June 16, 2026

Offers valid at both locations while supplies last



Atlas Farm • Deerfield, MA

Based in Deerfield, MA, Atlas Farm is a 120-acre certified organic, diversified family farm with its roots in the fertile soil of the Connecticut River Valley. As a longtime co-op partner, we know we can count on the crew at Atlas to provide us flavors of the season all summer long. Their crisp, fresh lettuce heads are on sale now, so stop by and stock up!

\$5.99

USA
Organic Seedless Mini
Watermelons
SAVE \$4.00



2/\$3

Canada
European Cucumbers
SAVE \$3.98



Fresh & Local

\$2.49_{ea}

**Atlas Farm
Assorted Local Organic
Lettuce Heads**

SAVE \$1.00

grocery

Limited edition summer flavor!



\$5.99

Tate's
Orange & Cream
Cookies
6.5 oz, SAVE \$1.80



CocoGoods Organic Coconut Water is pure, refreshing hydration straight from young coconuts. Naturally rich in electrolytes with no added sugar, it's crisp, clean, and perfect for the warm weather!

\$4.29

Coco Goods
Organic Coconut Water
33.8 fl oz, SAVE \$1.20



\$15.99

Laurel Hill
Unfiltered Extra Virgin
Olive Oil
25.36 oz, SAVE \$5.80



\$4.29

Thai Taste
Sriracha Hot Chili Sauce
15.23 oz, SAVE \$1.50



\$3.29

Siete
Kettle Chips
assorted varieties
5.5 oz, SAVE \$1.00



2/\$6

Thai Taste
Folded Brown Rice
Noodles
7 oz, SAVE \$1.60



Looking to stretch your grocery budget? So are we! That's why we created our **Co+op Basics** program. Co+op Basics offers every day low prices on many popular grocery and household items. From chicken to cereal to paper towels, you'll find both new value-priced brands as well as new low prices on some old favorites.

It gets even better! We recently lowered the price on over **80** popular Co+op Basics items so you can save even more!

fresh specials

SALES VALID: June 3 – June 16, 2026 • While supplies last

bulk savings



\$3.49^{lb}
Organic Thompson Raisins
SAVE \$1.40



\$10.49^{lb}
Back Roads Granola
Brattleboro, VT
Organic Ancient Grains Granola
SAVE \$2.40



\$5.79^{lb}
Organic Coconut
Rolled Dates
SAVE \$2.00



\$2.99^{lb}
Organic
Pearled Farro
SAVE 60¢



\$15.29^{lb}
Organic
Dried Goji Berries
SAVE \$4.40

from the deli



\$3.49^{ea}
House-Made
Strawberry Lemonade
16 fl oz, SAVE \$50¢



\$10.49^{ea}
Made-to-Order Patty Melt
SAVE 50¢
Caramelized onion, beef or Beyond Beef patty, and Cabot Swiss cheese or vegan cheddar on griddled Iggy's rye bread



\$4.99^{ea}
Scratch-Made
Pride Cupcakes
SAVE \$1.00



\$12.49^{ea}
Made-to-Order
Southwest Black Bean Burger
SAVE 50¢
House-made veggie burger with arugula, tomato, and vegan chipotle mayo served on griddled brioche

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meat & seafood



\$7.49_{lb}

Vande Rose
**All Natural
Pork Belly**

SAVE \$2.50

Vande Rose Pork Belly is richly marbled, heritage breed, all-natural pork raised with care for exceptional flavor and texture. It is perfect for roasting, braising, or crisping into tender, savory bites!



\$6.99_{lb}

House-Made
Beer Brats

SAVE \$2.00

Made with local Schilling pilsner



\$25.99_{lb}

Pineland Farms
New Gloucester, ME
All Natural Strip Steak

SAVE \$2.00



\$7.49

Niman Ranch
All Natural Bratwurst
12 oz, SAVE \$1.00



\$7.99

North Country
Claremont, NH
Applewood Smoked
Uncured Bacon
12 oz, SAVE \$1.00



\$7.49_{lb}

Farmer's Focus
Organic Boneless
Skinless Chicken
Thighs
SAVE \$1.00



\$17.99_{lb}

Wulf's Fish
Fresh Farm Raised
Steelhead Trout Fillet
product of Scotland • SAVE \$4.00

fresh specials

Product images are meant for illustrative purposes and are serving suggestions only

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from wine & cheese

Wine of the Month

Maison Breban

Villa Aix-En-Provence Rose

A gorgeous Provence rosé for the summer season!

Taut and fresh, with shimmering notes of watermelon, peach, and strawberry. Subtle hints of herbs and wild blossoms enchant the bouquet and delight the senses. The whole package is framed by a crisp acidity, making this classic summer sipper a wonderful pairing for grilled shrimp and chicken, corn salads, and herbed fish dishes. Or just bring a bottle down to the river! Maybe bring two!



Wine of the Month Tasting Events

Northampton

Saturday, June 6 • 1 – 3 pm
Saturday, June 20 • 1 – 3 pm

Easthampton

Saturday, June 13 • 1 – 3 pm
Saturday, June 27 • 1 – 3 pm



\$12.99

Schilling Brewery
Littleton, NH
Alexandr Czech-Style Pils
4-pack, SAVE \$1.00



\$11.99

Wormtown Brewery
Worcester, MA
Be Hoppy IPA
4-pack SAVE \$1.00



\$8.99

Jasper Hill
Greensboro, VT
Moses Sleeper
8 oz, SAVE \$1.00



\$10.99^{lb}

Cabot Creamery
New England
Seriously Sharp Cheddar
Cheese
SAVE \$1.00



\$13.99

Mary Taylor Wines
Bordeaux Blanc
750 ml, SAVE \$2.00



\$15.99

No Es Pituko
Orange Sauvignon Blanc
750 ml, SAVE \$2.00

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health & wellness

Working Together for a Healthier Coastline

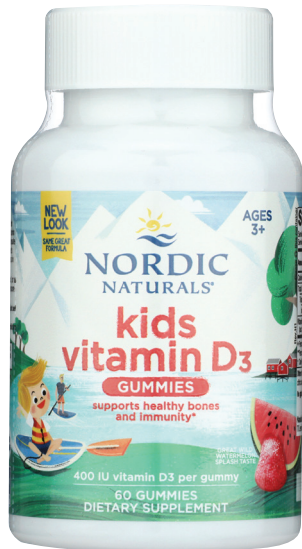
For the month of June, a portion of all in-store Nordic Naturals sales will be donated to support the California Coastal Commission's 42nd Annual California Coastal Cleanup.

Scan code to learn more!



\$9.99

Nordic Naturals Kids Vitamin D3 Gummies
60 ct, SAVE \$2.50



Summertime Essentials

Yaya's Tick Ban uses plant-based essential oils to help repel ticks and insects without harsh chemicals. Stay safe this summer with fresh-smelling, family-friendly protection for hikes, gardening, camping, and outdoor adventures.

\$9.49

Yaya Organics Tick Ban
4 fl oz, SAVE \$3.00



\$15.99

Nordic Naturals Omega-3 Fish Oil
60 ct, SAVE \$3.00



\$22.99

Honeybee Gardens Resilience All In One Makeup Palette
SAVE \$4.00



\$15.99

Herb Pharm Ginger Lime Kava Extract
1 fl oz, SAVE \$5.00



\$9.99

Honeybee Gardens Royal Lip Elixir Lip Gloss
4.8 ml, SAVE \$2.00

River Valley Co-op Store Brand Vitamins, Herbs, Oils, & Supplements

Get 10% OFF co-op branded vitamins, herbs, essential oils, and body oils when you buy six or more of those items in one transaction!



fresh specials

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coop owner

June 3 – June 16, 2026

Bonus Buys

Owner Exclusive Savings



PAMELA'S PRODUCTS
Gluten Free Honey Graham Crackers
\$5.29 7.5 oz
 SAVE \$2.00

PAMELA' PRODUCTS
Gluten Free Pancake Mix
\$7.99 24 oz
 SAVE \$2.00

DAIYA
Vegan Chive Cream Cheese
\$3.99 8 oz
 SAVE \$1.00

EMPEROR'S KITCHEN
Organic Chopped Ginger
\$3.99 4.5 oz
 SAVE \$1.00

ONCE AGAIN NUT BUTTER
Organic Smooth No-Stir Peanut Butter
\$6.29 16 oz
 SAVE \$1.70

KOYO
Saucy Sesame Noodles
\$6.99 16.75 oz
 SAVE \$2.00



RISE BREWING CO.
Organic Cold Brew Nitro Black Coffee
2/\$4 7 oz
 SAVE \$2.00

SIETE FAMILY FOODS
Chile Lime Puffs
\$3.29 4 oz
 SAVE \$1.00

WOODSTOCK
Organic Almonds Raw
\$8.49 7.5 oz
 SAVE \$2.00

Co-op Owner Bonus Buys are sale items available just to our co-op owners!
 They are just one of the many perks of co-op ownership. Scan code to learn more or to join the co-op today!



Upcoming Events

IN-PERSON EVENT • NORTHAMPTON

Saturday, June 6 • 10 – 11 am

Yoga Classes at the Co-op: Yoga for All
with Michele Lyman

IN-PERSON WORKSHOP • NORTHAMPTON

Saturday, June 13 • 9 – 10:30 am

Make Meditation Easier Through Neuroscience (Part II) with Kim Weeber

IN-PERSON EVENT • NORTHAMPTON

Saturday, June 14 • 10 – 11 am

Yoga Classes at the Co-op: Morning Mindful Movement with Beth Tascione

IN-PERSON EVENT • NORTHAMPTON

Thursday, July 9 • 6 – 7:30 pm

Yoga Classes at the Co-op: Yoga, Reiki & Sound Healing with Kathleen McCarthy & Tommy McCarthy

For more full event descriptions and to register, scan QR code or visit rivervalley.coop



river valley co-op

One Co-op • Two Stores

330 North King Street
Northampton, MA 01060
(413) 584-2665

228 Northampton Street
Easthampton, MA 01027
(413) 529-4990

Both Locations Open Daily 8 am – 10 pm

info@rivervalley.coop • www.rivervalley.coop

Offers valid at both locations while supplies last

CO-OP OWNER appreciation week

June 8 – June 14

10% OFF*

For co-op owners on one shopping trip!

Co-op owners may only use discount once during the week at either location or online.
*Discount excludes alcohol, fluid milk, co-op gift cards, Special Orders, and Buying Club.

Annual Strawberry Ice Cream Social

Thursday, June 11 • 5 – 8 pm

Outdoors in Easthampton!

Food for Sale
Live Music • Kids Activities

Proceed to benefit Tapestry Health

Artisan Fair

Saturday, June 27 • 10 am – 4 pm

at our Easthampton location!

Come browse **original handmade artwork & wares** created by local artisans, and enjoy live music from Sasha K.A. during this fun, family-friendly event outdoors on the patio in Easthampton!