



# The Give & The Get

Serving on the River Valley Co-op Board of Directors

## What We Give

### Commitment

- To fundraising
- To FUNraising
- To our mission
- To committee work
- To financial health of the cooperative
- To the seven cooperative principles
- To consensus decision-making
- To upholding Board policies
- To adherence to code of ethical conduct
- To govern by policy governance

### Availability

- For attendance at Board meetings
- For linkage with members in a leadership role
- For loyalty toward the Board and co-op
- For continued communication
- For articulating disagreement when it emerges
- For consensus decision-making
- For attendance at Annual Meetings, retreats, and trainings

### Empowerment

- For prep time of Board meetings
- For presence at outreach events
- For being the face of the co-op
- For moral courage
- To serve as officers
- To managers
- To active listening
- To support to general manager and each other
- To represent members and to reflect their values

## What We Get

- Materials we need to make good decisions
- Respect for diverse participation style
- Pride in a valuable community resource training and education
- Participation in a national movement
- A great community grocery store
- Participation in the co-op's progress
- To help create positive social change
- An alternative economic and social model
- To be the face of the co-op in the community
- Wonderful friends and colleagues
- To help build and strengthen our community
- Positive, visible leadership role in the community
- Being part of a Board that works well together
- Personal support
- To envision the changes we want to create
- Opportunity to use our gifts and talents
- Empowerment by members